



FORMED

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Make the most of Lent with these Learning Resources

Lent is made for more than just “giving up” chocolate and such! It is a gift and a way to prepare ourselves, our minds, bodies, hearts, and souls for Jesus’ great Easter victory over death! Lent has three “pillars” for success – Prayer, Fasting, and Almsgiving. These suggestions can help you by making **FORMED On Demand** a part of your regular media viewing/use this Lent. We suggest you use these **FORMED** resources in your personal prayer and spiritual enrichment time. Our children’s resources can help your family have a better Lent. These are all available FREE for your use. Please use them this Lent. Let us know what you found helpful to serve your growth in the Lord.

FOR CHILDREN: How to Make a Good Confession It can be scary for some children and adults to go to Confession, but we go to the Sacrament of Confession because God loves us so much that he wants us to remove all the sins that keep us from Him. When we go to Confession, we say "I love you, Jesus, will you forgive me of my sins?" In this session, children see how to make a good Confession, and that God forgives us and gives us grace in this sacrament.

Find this in STUDY/Sacramental Preparation/Forgiven

Penance and Anointing of the Sick: God’s Mercy Revealed Why is the Sacrament of Reconciliation essential—and potentially life-changing—for Catholics? How does the Anointing of the Sick make a difference to those who are suffering or dying?

Find this in STUDY/Symbolon: Living the Faith/Episode 4

Divine Mercy: 101 A clear and concise overview of Divine Mercy and the role and mission of St. Maria Faustina Kowalska, the apostle of Divine Mercy whom St. John Paul II called "a gift of God to our time." Those new to Divine Mercy as well as those looking to achieve an advanced level of knowledge will find this presentation ideal. Jesus told St. Faustina, "Mankind will not have peace until it turns with trust to My mercy."

Find this in WATCH / Explaining the Faith

FOR CHILDREN: Teach Me To Pray How do we talk to God? Moses the Cat and the Family want to help you become better friends with God. This is a lesson on prayer—our conversations with our Lord.

Find this in WATCH/Cat Chat

Jesus the Bridegroom In this stunning talk, Dr. Pitre applies his knowledge of the Jewish roots of Christianity to the very heart of the Gospel: the love of Christ. You will learn what it really means to have a “personal relationship” with Jesus Christ as Lord, Savior, and Bridegroom.

Find this in LISTEN/Prayer and Spirituality

FOR THE WHOLE FAMILY: The Trials of St. Patrick If you are hungry to learn more about the amazing life of St. Patrick of Ireland and how God’s powerful grace worked through him to convert the obstinate pagans of his time, The Trials of St. Patrick will please and edify you. This portrayal illumines the life of a beloved saint, whose life has lingered in the shadows of mystery and legend for too long.

Find this in LISTEN/Dramas/AI Radio Theatre (202 minutes)

Meditations for Lent If you read and meditate briefly on just one of them each day in Lent, I guarantee that this good French bishop's eloquence will have you remembering the events of Christ's journey to His Crucifixion and spiritually walking with Him on that journey!

Find in READ/Prayer and Devotion (available for iBook’s, Nook, Android, and Kindle)

FOR MIDDLE SCHOOLERS: Awakening Ronni is a 21st-century American teenage girl who has lost her faith following the deaths of her father and brother, both of whom died saving the life of someone she doesn’t deem worthy. She can’t understand the concept of sacrifice. Then one day, she wakes up 5,000 miles away from home...2,000 years in the past. She’s in Jerusalem, the week of the crucifixion of Jesus. She has three days to try to stop his death. The question is can she do it? Should she?

Find this in READ/Youth/For Children and Teens

We’d like to hear your thoughts about your use of these resources.

Please email Dr. Little at tlittle@olfparish.com.

Let us know what you used and liked or would like more of!

May the Lord bless your resolve and growth during this Lent 2018!

