

*Monthly Bereavement Support Group Meeting
Meets the Second Monday of each Month
7:00-8:30 PM, Room 205*

Tentative Topics

September 10, 2018	Good Grief! Really?
October 9, 2018 (Tuesday)	Types of Grief Reactions
November 12, 2018	Finding Hope in the Holidays
December 10, 2018	Understanding Mourning Patterns
January 14, 2019	Loss and the Family
February 11, 2019	Compassionate Bereavement
March 11, 2019	Transitioning to Life after Grief
April 8, 2019	Traumatic Loss
May 13, 2019	Children and Grief
June 10, 2019	The Long Days of Summer: How to Care for Self

This is an ongoing support group and people can join at any time. It does not matter when your loss may have occurred; you are welcome to join us.

*Blessed are those
who mourn for
they shall be
comforted*
Matthew 5:4



“Grieving the Death of a Loved One”

Six-Week Bereavement Seminar for those who have lost a loved one

Monday, October 1, 2018 through Monday, November 5, 2018

TWO SESSIONS AVAILABLE

10:00 AM to 12:00 PM
Our Lady of the Fields Parish Center
Room 206

OR

7:00 – 9:00 PM
Our Lady of the Fields Parish Center
Room 205

**Facilitator: Susan Harvey, M.S., LCPC
Certified Pastoral Counselor**

To register or for more information,
please call Martha O’Herlihy (410) 987-1756
Registration is required for planning purposes

Sponsored by the Bereavement Committee of Our Lady of the Fields

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