



# OLF Life Striders

## At the 2019 Walk and Run for Life

Join our OLF Life Striders Team to support the Pregnancy Clinic Ministry by walking, running, and/or donating for Life!

### Location – Mid-Atlantic Community Church

2485 Davidsonville Road, Gambrills, MD 21054

### Schedule - Saturday, September 21, 2019

- 8:00 am Check In & Registration, Kids Activities Begin
- 9:15 am 5k Run Begins
- 9:25 am LIFE Walk (individuals and families)
- 9:45 am Kids Dash (ages 5-7), Toddler Trot (ages 0-4)
- 10:00 am Awards Ceremony

Activities include face painting, moon bounce, pro-life tables, prizes, and giveaways. **Virtual Walker** enables those unable to attend to support our OLF Team.

**For Info and Questions:** [tonydmartelli@gmail.com](mailto:tonydmartelli@gmail.com) or 443-254-5433

**To Register to Run or Walk:** [www.walkandrun.org/](http://www.walkandrun.org/), Select **Register Now** at top right, Select **Participate**, and Select Team **OLF Life Striders**

**To Donate to the OLF Team:** <http://www.fundeasy.com/m/4522054/>

**To be a Virtual Walker:** [www.walkandrun.org/virtualwalker/](http://www.walkandrun.org/virtualwalker/)