



walking with purpose

**September – April at Our Lady of the Fields or Virtual,  
Mondays 7pm**

*Opening Your Heart: The Starting Point* will take you on an exciting journey closer to the heart of God, help you form a personal relationship with Christ, and help you find answers to life's biggest questions through the context of the Catholic faith. This incredibly effective guide leads to lasting transformation of the heart, and we encourage all participants of Walking with Purpose to include this study their journey, regardless of previous Bible study experience.

Join us as we explore and wrestle with core questions that help us to experience all that God offers us, such as...

- How can I conquer my fears?
- What is the role of the Holy Spirit in my life?
- What does the Eucharist have to do with my friendship with Christ?
- What are the limits of Christ's forgiveness?
- Why and how should I pray?
- What is the role of suffering in my life?
- What challenges will I face in my efforts to follow Jesus more closely?



***Check out this short [introduction video](#) about *Opening Your Heart****