

MENTAL WELLNESS MINISTRY  
————— *at Our Lady of the Fields* —————

**Resources**

American Mental Wellness Association (AMWA)

<https://www.americanmentalwellness.org/>

National Suicide Prevention Hotlines

1-800-SUICIDE (784-2433)

1-800-273-TALK (8255)

National Alliance on Mental Illness/Anne Arundel County

<http://www.namiiac.org/>

Veterans Crisis Hotline: 1-800-273-8255

<http://www.veteranscrisisline.net/>

Anne Arundel County Mental Health Agency (AACMHA)

<http://www.aamentalhealth.org/>