



# OLF Life Striders

## At the 2023 Walk & Run for Life!!!

Join the **OLF Life Striders** to support Wellspring Life Ministry (formally the Pregnancy Clinic) by walking, running, and donating for Life, **and coming together for an OLF tailgating party!**

### Location

#### Mid-Atlantic Community Church

2485 Davidsonville Road, Gambrills, MD 21054

Optional – Virtually “Walk where you are”

### Schedule – Saturday, September 23, 2023

8:00 AM Onsite Registration and Check-in Begins

9:00 AM Timed **5K Trail Run** Begins

9:45 AM **Life Walk** Begins

10:30 AM **Children’s Races** Start

11:00 AM **Awards** Ceremony

**OLF Tailgating Event (Family Friendly)**

**Healthy fun for kids, adults, and families that supports Life!**

To Register: <http://walkandrun.org/register>

To Donate to the OLF Team: <https://page.fundeasy.com/6253872>

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